

Monday + Thursday

Spell 1	8:45 - 9:45
Spell 2	9:45 - 10:45
Interval	10:45 - 11:15
Spell 3	11:15 - 12:15
Spell 4	12:15 - 1:15
Lunch	1:15 - 2:10
Spell 5	2:10 - 3:10

Tuesday

Spell 1	9:30 - 10:25
Spell 2	10:25 - 11:20
Interval	11:20 - 11:45
Spell 3	11:45 - 12:40
Spell 4	12:40 - 1:35
Lunch	1:35 - 2:15
Spell 5	2:15 - 3:10

Wednesday + Friday

Spell 1	8:45 - 9:40
Spell 2	9:40 - 10:35
Interval	10:35 - 11:00
Spell 3	11:00 - 11:55
Ako	11:55 - 12:25
Change Over	12:25 - 12:30
Spell 4	12:30 - 1:25
Lunch	1:25 - 2:15
Spell 5	2:15 - 3:10

Day
Times

2019

Day
Times